



12th February 2009

Amendment to the 2006 KSU Health Policy

Approved by the Social Policy Commission on the 12th of February 2009

Sexual Health (2009)

In discussing sexual health, KSU hopes to draw upon the values of rights, respect and responsibility. This closely follows the **ABC** notion in sexual health.

It is recognized that the only 100% safe way of preventing sexually transmitted infections is to **A**bstain from sexual activity. Anyone who engages in sexual activity should ensure that the parties involved are not infected. It is important for partners to **B**e faithful in a sexual relationship in order to reduce the risk of getting infected. Students should have access to adequate information from educational programs regarding the way STIs are transmitted and the practice of protected sex and **C**ondom use. This will decrease the risk of infection only if used correctly and consistently.

KSU stresses the need of education and information about this subject. Students are encouraged to have regular visits at the GU clinic if they are sexually active. Counselling before tests is advisable and has proven to be helpful. Post counselling to infected persons is highly recommended especially in cases where STIs effects are permanent.

KSU nonetheless supports any entity which engages into an educational campaign which promotes the importance of abstinence, safe sex and awareness about STIs. KSU calls on all students to be careful and responsible in this matter since any neglect may be detrimental to their health and even fatal.